

# GROWING IN FAITH (INSHA'ALLAH)



BISMILLAH + AS-SALAMU ALEIKUM!

THIS 3-MONTH CALENDAR WAS CREATED TO INCREASE INTENTIONALITY IN OUR DAYS AND HELP US ADOPT GOOD HABITS INSHA'ALLAH.

THE CALENDAR IS BASED ON THE MONTHS OF JANUARY-MARCH 2022 AS A MEANS TO HELP US PREPARE FOR RAMADAN INSHA'ALLAH, BUT YOU ARE MORE THAN WELCOME TO USE THIS CALENDAR FOR ANY MONTH IN THE YEAR (YOU MAY NEED TO ADJUST THE DAYS OF THE MONTH)

EACH MONTH HAS A SET OF INTENTIONS WITH SYMBOLS. FOR EXAMPLE IN MONTH 1, THE ☆ SYMBOL REPRESENTS 5 DAILY PRAYERS. AS YOU COMPLETE YOUR PRAYERS ON TIME DAILY INSHA'ALLAH, YOU CAN FILL IN THE STAR. THE STAR HAS 5 TIPS, AND EACH TIP CAN BE USED TO REPRESENT ONE PRAYER. SO FOR EXAMPLE IF YOU MISS FAJR PRAYER, BUT PRAYED THE OTHER 4 PRAYERS ON TIME, YOU CAN FILL IN 4 OUT OF 5 TIPS OF THE STAR. THIS ALLOWS YOU TO KEEP TRACK OF WHICH PRAYER YOU MISSED, AND HELPS YOU SEE IF THERE ARE CERTAIN PATTERNS OF MISSED PRAYERS + HOW YOU IMPROVE INSHA'ALLAH OVER TIME.

ON THE SIDE OF EACH MONTH, IS A PLACE TO MAKE NOTE OF THINGS THAT MAY HAVE PREVENTED YOU FROM KEEPING UP WITH SOME OF THE TASKS, AND A PLACE TO MAKE NOTE OF HOW YOU PLAN TO OVERCOME THAT OBSTACLE, INSHA'ALLAH.

I PRAY YOU FIND BENEFIT IN THIS CALENDAR.

MAY ALLAH BLESS YOU <3

YOUR SISTER,  
GHENA  
@DEENANDCHAI

# CONNECTING WITH PRAYER

MONTH

MON	TUE	WED	THU	FRI	SAT	SUN
31 ☆					1 ♡☆	2 ☆
3 △☆	4 ☆	5 ☆	6 ☆	7 ☆	8 ○☆	9 ☆
10 ☆	11 ☆	12 ☆	13 ☆	14 ○☆	15 ☆	16 ☆
17 ♡☆	18 ☆	19 ☆	20 ☆	21 ☆	22 ○☆	23 ☆
24 ☆	25 ☆	26 ☆	27 ☆	28 ☆	29 ☆	30 ○☆

## INTENTIONS

- ★ Pray 5 prayers on time
- ▲ Tafsir Surah Al-Fatiha
- Pray in congregation
- ♥ Clean up prayer area

## THINGS THAT PREVENTED ME FROM PRAYING ON TIME:

- e.g. did not realize the time
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## WAYS I WILL OVERCOME:

- e.g. will set alarms for prayer
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ABU HURAIRA REPORTED: THE MESSENGER OF ALLAH, PEACE AND BLESSINGS BE UPON HIM, SAID, "IF THERE WAS A RIVER AT YOUR DOOR AND HE TOOK A BATH IN IT FIVE TIMES A DAY, WOULD YOU NOTICE ANY DIRT ON HIM?" THEY SAID, "NOT A TRACE OF DIRT WOULD BE LEFT." THE PROPHET SAID, "THAT IS THE PARABLE OF THE FIVE PRAYERS BY WHICH ALLAH REMOVES SINS."

Şâfiîh al-Bukhârî 505, Şâfiîh Muslim 667



# CONNECTING WITH QURAN

+ PRAYER

MONTH

MON	TUE	WED	THU	FRI	SAT	SUN
	1  △★	2  △★	3  △★	4  △★	5  ○△★	6  ○△★
7  ♡△★	8  △★	9  △★	10  ♡△★	11  △★	12  △★	13  ○△★
14  △★	15  ♡△★	16  △★	17  △★	18  ♡△★	19  ○△★	20  △★
21  ♡△★	22  △★	23  △★	24  ♡△★	25  ○△★	26  △★	27  ♡△★
28  △★						

## INTENTIONS

- ★ Pray 5 prayers on time
- ▲ Read \_\_ (verses/pages)
- Memorize a new Surah
- ♥ Use the new Surah in prayer
- ◆ Read Tafsir of a small Surah

## THINGS THAT PREVENTED ME FROM READING QURAN:

- e.g. did not dedicate time to it
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## WAYS I WILL OVERCOME:

- e.g. will commit to reading at 8PM everyday
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AISHA REPORTED: THE PROPHET, PEACE AND BLESSINGS BE UPON HIM, SAID, "THE EXAMPLE OF ONE WHO RECITES THE QURAN AND MEMORIZES IT IS THAT OF ONE WITH THE 'RIGHTEOUS AND NOBLE SCRIBES' (80:15). THE EXAMPLE OF ONE WHO RECITES THE QURAN AND IS COMMITTED TO IT, ALTHOUGH IT IS DIFFICULT FOR HIM, IS THAT OF ONE WITH A DOUBLE REWARD."

# REMEMBRANCE OF ALLAH

+ PRAYER + QURAN

MONTH

MON	TUE	WED	THU	FRI	SAT	SUN
	1  ○△★	2  ♡△★	3  ○△★	4  ◊△★	5  △△★	6  ○△★
7  ○ ♡△★	8  ◊ ○△★	9  ○△★	10  ○ ♡△★	11  ◊△★	12  ○△★	13  ○△★
14  ◊△★	15  ○ ♡△★	16  ◊△★	17  ○ ○△★	18  ○ ○△★	19  ○ ○△★	20  ○△★
21  ○ ○△★	22  ○ ○△★	23  ○ ○△★	24  ○ ○△★	25  ○ ○△★	26  ○ ○△★	27  ○ ○△★
28  ○ ○△★	29  ○ ○△★	30  ○ ○△★	31  ○ ○△★			

"THOSE WHO BELIEVE, AND WHOSE HEARTS FIND SATISFACTION IN THE REMEMBRANCE OF ALLAH:  
FOR WITHOUT DOUBT IN THE REMEMBRANCE OF ALLAH DO HEARTS FIND SATISFACTION."

Quran 13:28

## INTENTIONS

- ★ Pray 5 prayers on time
- ▲ Read \_\_ (verses/pages)
- Say Alhamdulillah 100x
- ♥ Say Astaghfirullah 100x
- ◆ Say SubhanAllah 100x
- ◆ Morning Dhikr at Fajr
- ◆ Evening Dhikr at Maghrib

## THINGS THAT PREVENTED ME:

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## WAYS I WILL OVERCOME:

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## Morning Dhikr



اللَّهُمَّ بِكَ أَصْبَحْنَا وَبِكَ أَمْسَيْنَا، وَبِكَ نَحْيَا وَبِكَ تَمُوتُ وَإِلَيْكَ الْتَّشْوِرُ  
Allahumma bika asbahna O Allah, by You we enter the morning  
wa bika amsaina wa bika and by You we enter the evening,  
nahya wa bika namutu by You we live, and by You we die,  
wa ilaika an-nushur and to You is the resurrection (x1)

اللَّهُمَّ مَا أَصْبَحَّ يَوْمًا أَنْعَمَّةً أَوْ بَأْخَدَ مِنْ حَلْقَكَ فَمِنْكَ وَحْدَكَ لَا  
شَرِيكَ لَكَ تَلَكَ الْحَمْدُ وَلَكَ الشُّكْرُ

Allahumma ma ashaba bi min n'i matin aw bi ahadin min khalqiha fa minka wahdaka la sharika laka fa lakal hamdu wa lakash-shukru O Allah, whatever favours You have bestowed upon me and all other creations is only from You. You are One. You have no partners. Praise and thanks be to You (x1)

بِسْمِ اللَّهِ الَّذِي لَا يَتَسْرُّ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ وَلَا فِي السَّمَاوَاتِ وَهُوَ السَّمِيعُ الْعَلِيمُ  
Bismillah-ladhi la yadurru ma's-mihi shai'un fil-ardi wa la fis-sama'i, wa Huwas-Sami'u'l-Alim In the name of Allah with whose name nothing is harmed on earth nor in the heavens and He is The All-Seeing, The All-Knowing (x3)

رَضِيَتْ بِاللَّهِ رَبِّا وَبِالْإِسْلَامِ دِينًا وَبِمُحَمَّدَ نَبِيًّا  
Raditu billahi Rabba, wa bilislami I am pleased with Allah as my Lord, Deena, wa Bimuhammadin Islam as my Deen and Muhammad (SAW) Nabiyyan (SAW) as my Nabi (x3)

حَسِيبِي اللَّهُ لَا إِلَهَ إِلَّا هُوَ عَلَيْهِ تَوْكِلَتْ وَهُوَ رَبُّ الْعَرْشِ الْعَظِيمِ  
HasbiyAllahu laa ilaha illa huwa alayhi tawakkaltu wa huwa Rabbul arshil-adheem Allah is Sufficient for me, none has the right to be worshipped except Him, upon Him I rely and He is Lord of the exalted throne (x7)

أَصْبَحْنَا وَأَصْبَحَ السُّلْكُ لَهُ رَبُّ الْعَالَمِينَ، اللَّهُمَّ إِنِّي أَسْأَلُكَ خَيْرَ هَذَا الْيَوْمِ  
فَتَحْكَمْ وَنَصْرَهُ وَنُورَهُ وَبَرَكَتَهُ، وَهُدَاهُ، وَأَعُوذُ بِكَ مِنْ شَرِّ مَا فِيهِ وَشَرِّ مَا بَعْدَهُ  
Asbahna wa ashabal-mulku lillahi Rabbil-'alamin. Allahumma inni as'aluka khayra hadhili-yawmi: fat'hahu wa nasrahu wa nurahu, wa barakatahu, wa hudahu, wa a'udhu bika min sharri ma fihi wa sharri ma ba'dahu

We have reached the morning and at this very time all sovereignty belongs to Allah, Lord of the worlds. O Allah, I ask You for the good of today, its triumphs and its victories, its light and its blessings and its guidance, and I take refuge in You from the evil of today and the evil that follows it (x1)

## Evening Dhikr

## أَذْكَارُ الْمَسَاءِ



اللَّهُمَّ عَافِنِي فِي بَدْنِي، وَبِكَ أَصْبَحْنَا، وَبِكَ نَحْيَا وَبِكَ تَمُوتُ وَإِلَيْكَ الْمَصِيرُ  
Allahumma 'afini fi badni, O Allah, grant my body health, O Allah, Allahumma 'afini fi sam'i, grant my hearing health, O Allah, grant Allahumma 'afini fi basari my sight health. None has the right to be worshipped except You. (x3)

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْكُفْرِ وَالْفَقْرِ، وَأَعُوذُ بِكَ مِنْ عَذَابِ الْقَبْرِ، لَا إِلَهَ إِلَّا أَنْتَ  
Allahumma inni a'tuthubika O Allah, I take refuge with You from disbelief and poverty, and I take refuge with You from the punishment of the grave. None has the right to be worshipped except You. (x3)

اللَّهُمَّ إِنِّي أَسْأَلُكَ أَنْ تَأْتِيَنِي أَنْتَ وَحْدَكَ لَا إِلَهَ إِلَّا أَنْتَ وَلَكَ الْحَمْدُ وَلَكَ الشُّكْرُ  
Allahumma amsa bi min ni'matin aw bi ahadini min khalqiha fa minka wahdaka la sharika laka fa lakal hamdu wa lakash-shukru O Allah, whatever favours You have bestowed upon me and all other creations is only from you. You are One, You have no partners. Praise and thanks be to You (x1)

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أَسْأَلُكَ وَأَسْأَلُ الْمَلِكَ لِهِ رَبِّ الْعَالَمِينَ اللَّهُمَّ إِنِّي أَسْأَلُكَ خَيْرَ هَذِهِ الْلَّيْلَةِ، فَتَهَا،  
وَنَصْرَهُ، وَنُورَهُ وَبَرَكَتَهُ، وَهُدَاهُ، وَأَعُوذُ بِكَ مِنْ شَرِّ مَا فِيهَا وَشَرِّ مَا بَعْدَهَا  
Amsaina wa-amsal-mulku lillahi Rabbil-'alamin. Allahumma inni as'aluka khayra hadhili-yawli: fat'hahu wa nasrahu wa nurahu, wa barakatahu, wa hudahu, wa a'udhu bika min sharri ma fihi wa sharri ma ba'dahu

سَبِّحَانَ اللَّهِ وَبِحَمْدِهِ  
SubhanAllahi wa-bihamdihi How perfect Allah is and I praise Him (x100)

آيَةُ الْكُرْسِيِّ (x1)  
Surah Al-Ikhlas (x3)  
Surah An-Nas (x3)  
Surah Al-Falaq (x3)

سَبِّحَانَ اللَّهِ وَبِحَمْدِهِ  
SubhanAllahi wa-bihamdihi How perfect Allah is and I praise Him (x100)